

INSTRUCTIONS FOR PATIENTS UNDERGOING

H PYLORI BREATH TESTING

You have been scheduled for a Py-test at the office of Drs. Paltrowitz, Goldfarb, Schmidt, Micale and Palance.

The test consists of swallowing a capsule with a small amount of water. The capsule is a naturally occurring chemical with a very small amount of radioactive tracer attached to it. You will then wait ten minutes before breathing into a receptacle. Once the sample is collected, you are free to return to all normal function, including eating.

Although the radiation dose is extremely small, if there is any possibility that you may be pregnant, you may choose not to have this test until you have had a negative pregnancy test.

IMPORTANT NOTES

FOUR WEEKS before your exam, **YOU MUST STOP TAKING ALL ANTIBIOTICS AND PEPTO BISMAL.**

TWO WEEKS before the exam, **YOU MUST STOP TAKING** any of the following medications:

**PRILOSEC
PROTONIX
PREVACID
RABEPRAZOLE**

**ACIPHEX
CARAFATE
DEXILANT
SUCRALFATE**

**OMEPRAZOLE
PANTOPRAZOLE
LANSOPRAZOLE
NEXIUM
ZEGERID**

YOU MUST BE FASTING ON THE DAY OF YOUR APPOINTMENT WITH NOTHING TO EAT OR DRINK FOR A MINIMUM OF SIX HOURS PRIOR TO YOUR APPOINTMENT.

**If you have any questions, please don't hesitate to contact the office at
201-837-9449**