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BACTERIAL OVERGROWTH TEST

Patient Name: _____

Appointment: _____

Do not eat any slow digesting foods such as beans, bran or fiber cereals the day before your test.

You should arrive FASTING for the test with NOTHING TO EAT OR DRINK for twelve (12) hours prior to your test.

You should not SMOKE, SLEEP OR EXERCISE vigorously for at least ½ hour before or anytime during the test period.

If you have taken any RECENT ANTIBIOTIC THERAPY, you must contact the office. You must be ANTIBIOTIC FREE for at least four weeks prior to testing. If you need to take antibiotics for any reason, the test must be postponed.

If you have any questions, please feel free to contact the office at 201-837-9449.

THANK YOU!